

# Cherry Tree Primary School and Nursery



## Safeguarding Newsletter

(This newsletter is also available on our website – [www.cherrytree-pri.essex.sch.uk](http://www.cherrytree-pri.essex.sch.uk))

Summer Term 2019

### Useful Telephone Numbers

**NSPCC Childline** 0800 1111

**Changing Pathways** (formerly Basildon Womens Aid) 01268 729707

**EWMHS** 0300 300 1600 9am-5pm Monday - Friday

**Children and Families Hub**  
0345 603 7627

**Step Change Debt Charity**  
0800 138 1111

**St Luke's Hospice** 01268 524973

**Citizens Advice Bureau – Basildon** 0300 4562595 (from Mobiles) 08444770808 (from Landlines)

**Think safe ... be safe.**

**If you have any concerns about a child in our school please do not hesitate to contact one of the school's Designated Leaders.**

### **Our Safeguarding Team:**

Mrs. Milsom (Pastoral Leader)

Mrs. Greenwood (AHT – Inclusion Leader)

Mr. Patten (AHT – Key Stage 2)

Miss Ghouse (AHT – Key Stage 1)

Mrs. Tiffin (AHT – Early Years)

Mrs. Barrand (Headteacher)

Miss Barlow (Deputy Headteacher)

Governor: Mrs. Walsh (Chair of Governors)

**If you have immediate concerns for a child please don't hesitate to ring the Child and Family Hub on 0345 603 7627 or the Police. It is everyone's responsibility to keep children safe.**

### **Emotional Wellbeing and Mental Health**

National studies suggest that in the UK, about 1 in 10 of all young people may experience a mental health problem or disorder. These studies also emphasise that it is important to get help early, conditions are treatable and getting help early can prevent problems getting more serious.

There are different types of mental health issues that affect children and young people including depression, eating disorders and self-harm. Further support for parents:

**Young Minds Parents Helpline - 0808 802 5544**

**Family Lives and Parent Line – 0808 800 2222**

## Wise up to Water Safety

The Essex Safeguarding Children Board has launched its "Wise up to Water Safety" campaign. During the summer we know families enjoy being in the garden, but of course many family gardens contain ponds, water butts and paddling pools or even hot tubs and swimming pools all of which can be a potential hazard. A child can drown in just a few inches of water within seconds, often silently and without a splash. By taking a few simple steps, you can greatly reduce the risk of accidents.

**Walk the Boundaries** – make sure you have fences around any water area in your garden.

**Avoid Tripping Hazards** – keep any water area in your garden tidy and safe from toddling feet.

**Learn to swim**- it is never too early to enrol children into swimming lessons

**Keeping Watching** children should always be supervised around water.



## Basildon Council Offices- Saturday 10<sup>th</sup> August 10am - 4pm

The "Parents, Did you know?" campaign is launching a number of events across Essex over the coming year, which parents can sign up to, or just drop by on the day.

The events will be run by the Essex Safeguarding Children Board in partnership with Barnardo's and The Children's Society and will feature the topics criminal exploitation, gangs, sexual exploitation, missing children, trafficking and online exploitation.

They will provide an opportunity to have direct conversations with a range of services, including Essex Police, Essex Children's social care, The Children's Society, and other partner organisations.

Refreshments and goodie bags will be provided to all attendees if you are interested in attending pre book your free place via the ESCB website.



Assemblies and workshops took place with children on 20<sup>th</sup> May and 23<sup>rd</sup> May. There was very positive feedback from the NSPCC professionals who delivered this programme to children in school and the children listened well and participated actively in the workshops.

## AWARENESS SESSIONS FOR PARENTS, GRANDPARENTS, CARERS & GUARDIANS

### ONLINE SAFETY, GANGS AND EXPLOITATION

Tuesday 25 June 2019  
7:00pm to 9:00pm

St Teresa's Catholic Primary School,  
Elsenham Crescent, Basildon SS14 1UE

Wednesday 3 July 2019  
7:00pm to 9:00pm

Fairhouse Primary School,  
Long Riding, Basildon SS14 1QP

Thursday 4 July 2019  
7:00pm to 9:00pm

Runwell Primary School,  
Runwell, Wickford SS11 7BJ



## Children Affected by Parental Imprisonment Essex CAPI Service

Please remember you can speak to Mrs Milsom (Pastoral Leader) or Miss Claeys if you or your child are affected by any issues around parental imprisonment.

Please remember to check our school website for information and updates.  
[www.cherrytree-pri.essex.sch.uk](http://www.cherrytree-pri.essex.sch.uk)