

# Cherry Tree Primary School and Nursery



## Safeguarding Newsletter

(This newsletter is also available on our website – [www.cherrytree-pri.essex.sch.uk](http://www.cherrytree-pri.essex.sch.uk))

Autumn Term 2020

### Useful Telephone Numbers

**NSPCC Childline** 0800 1111

**Changing Pathways** (formerly Basildon Women's Aid) 01268 729707

**EWMHS** 0300 300 1600 9am-5pm Monday - Friday

**Children and Families Hub**  
0345 603 7627

**Step Change Debt Charity**  
0800 138 1111

**Samaritans 116123** ( call for free)

**Citizens Advice Bureau – Basildon** 0300 4562595 (from Mobiles) 08444770808 (from Landlines)

**Think safe ... be safe.**

**If you have any concerns about a child in our school please do not hesitate to contact one of the school's Designated Leaders.**

### **Our Safeguarding Team:**

Mrs. Milsom (Pastoral Leader)

Mrs. Cory (AHT – Inclusion Leader)

Mr. Kiddie ( AHT- KS2)

Mrs. Tiffin (AHT – Early Years)

Mrs. Barrand (Headteacher)

Miss Barlow (Deputy Headteacher)

Governor: Mrs. Walsh (Chair of Governors)

**If you are concerned that a child or young person is being harmed, neglected or is at risk you should contact Essex Social Care on 0345 603 7627. Out of hours: (5.30pm - 9.00am Monday - Thursday, 4.30pm-9.00am - Friday and Bank holidays) Telephone: 0345 606 1212 or [email](#). In an emergency call the Police on 999.**

**E-safety training** -this was held in school on 14.9.2020 and delivered virtually by the 2 Johns who are well known for delivering bespoke training sessions within schools that cover all areas of Online Child Exploitation. In delivering these virtual workshops to children, we believe they will have a much greater understanding of how to stay safe online. Feedback from the children included:

***“Not everything online is real”***

***“Don't Share personal information”***

***“Don't send strangers photos as they can find your location”***

***“Don't trust strangers online”***

**PARENTS ONLINE WORKSHOPS – DATES TO BE CONFIRMED SOON**

## Emotional Wellbeing and Mental Health

There are many different types of mental health issues, which may affect your child. The [Young Minds website](#) has an A-Z of specific mental health conditions and life events. For each topic, there is advice and signposting of where to go for help.

Being able to talk openly can help relieve many anxieties that may be building up inside your child. Try to make regular time to spend with your child, in which they have the opportunity to talk about anything they want. It could be during a walk or while baking a cake, for example, to help them relax and open up. Hearing you, respond honestly can also be a hugely beneficial as it reassures them their feelings are valid. [Talking to your child about how they're feeling is so important](#)

# YOUNGMINDS

Young Minds Parents Helpline  
0808 802 5544  
Family Lives and Parent Line  
0808 800 2222

# COMPASS

COMPASS is the point of access for victims of domestic abuse across Southend, Essex and Thurrock; providing information, advice and guidance and where appropriate assessment and access to specialist services.

COMPASS provides information, advice and guidance to the public and professionals who have concerns about family and friends and people they work with who may be victims of domestic abuse.

The service is accessible 24hrs a day. Callers can speak with a trained member of staff and there is also an online form for both public and professionals wishing to make a referral via the website.

COMPASS is delivered by Southend on Sea Domestic Abuse Projects.

**Essex Domestic Abuse Helpline**

[0330 333 7 444](tel:03303337444)

[www.essexcompass.org.uk](http://www.essexcompass.org.uk)

We are pleased to share that Cherry Tree has successfully gained a **Bronze Young Carers in Schools Award**. A number of children and families have been identified and are now able to access support from this service.

**Young Carers** – are children and young people under 18 years old who provide regular and ongoing care to another person who is physically or mentally ill, disabled or misuses substances. Many young people do not see themselves as carers and may not realise there is practical and emotional support available in Essex. The Essex Youth Service offer free personalised support to young carers and their families that will be developed with you around your for help and the caring done. **Families can self-refer or a referral can be made by professional if you need further information please contact Mrs Cory the Young Carer's School Operational Lead.**



Please remember to check our school website for information and updates.  
[www.cherrytree-pri.essex.sch.uk](http://www.cherrytree-pri.essex.sch.uk)