

Cherry Tree Primary School and Nursery



Safeguarding Newsletter

(This newsletter is also available on our website – www.cherrytree-pri.essex.sch.uk)

Spring Term 2021

Useful Telephone Numbers

Citizens Advice Bureau –
Basildon 03444770808

National helplines:

- [National Domestic Violence Helpline](#) **0808 200 247**
- [National LGBT+ Domestic Abuse Helpline](#) **0800 999 5428**
- [Respect](#) **0808 802 4040**
- [Men's Advice Line](#) **0808 801 0327**
- [Shelter](#) **0800 800 4444**
- [NSPCC Helpline](#) **0808 800 5000**
- [ChildLine](#) **0800 1111**
- [Samaritans](#) **116 123**

If you have any concerns about a child in our school please do not hesitate to contact one of the school's Designated Leaders.

Our Safeguarding Team:

Mrs. Milsom (Pastoral Leader)

Mrs. Cory (AHT – Inclusion Leader)

Mr. Kiddie (AHT- KS2)

Mrs. Tiffin (AHT – Early Years)

Mrs. Barrand (Headteacher)

Miss Barlow (Deputy Headteacher)

Governor: Mrs. Walsh (Chair of Governors)

If you are concerned that a child or young person is being harmed, neglected or is at risk you should contact Essex Social Care on [0345 603 7627](tel:03456037627). Out of hours: (5.30pm - 9.00am Monday - Thursday, 4.30pm- 9.00am - Friday and Bank holidays) Telephone: [0345 606 1212](tel:03456061212) or [email](#). In an emergency call the Police on 999.

Changing Pathways (Formerly Basildon Women's Aid)- Women's Aid) Tel: 01268 729707

Email (enquiries): welcome@changingpathways.org Email (referrals):

referrals@changingpathways.org Website: changingpathways.org

COVID-19 UPDATE – During #COVID-19 if you need help for domestic abuse and stalking in South and South West Essex please contact them on 01268 729707, they can help you to safety plan or find a place of safety. Changing Pathways is a domestic abuse charity working across the areas of Basildon, Brentwood, Castle Point, Rochford and Thurrock. They provide free and confidential services to support people who are currently experiencing, or have previously experienced domestic abuse. • Refuge • Adult Counselling • Children & Young People Counselling • Outreach Service • EDAPP • Steps Programme • Children & Young People.

Safety around the home.

Burns and scalds

Hot drinks and hair straighteners can cause nasty burns. While far less common, bath water scalds are also horrendously damaging – small children lack the strength and dexterity to get themselves out of hot water if they've fallen in or turned on the hot tap. **A small child's skin is thin and delicate.**

[Information about burns and scalds from CAPT](#)

[Burns and scalds safety cards - CAPT](#)

Poisoning

Everything goes in the mouth. Unfortunately young children are more likely to suffer serious consequences if they swallow something harmful because they are smaller, have faster metabolic rates and their bodies are less able to neutralise harmful chemicals. Unexpected dangers such as painkillers, button batteries and washing tabs/pods can lie around the home.

[Information about poisoning from CAPT](#)

Smoke Alarms

It is important to have a working smoke alarm on every floor of your home. Preparing and practising an escape plan is also critical - it could be the most valuable time you ever spend. **Follow these simple steps to ensure you can be warned at the first sign of a fire and that you have a clear escape plan to make sure you and your family are safely out of the house:**

Fit a smoke alarm on each level of your home and test them regularly. Prepare an escape route, make sure everyone knows it and practice your escape route. Keep your escape route clear so there are no obstacles to slow you down, close doors at night. Make sure everyone in the house, including friends and family who may stay over - knows where all keys to doors and windows are kept.

Online social apps

Meeting and chatting with strangers online poses risks to young people who might be vulnerable to grooming and online (and offline) forms of sexual abuse. Apps which facilitate this have gained a reputation for being potentially risky for children because of the types of technology they use and the types of communities that have formed around them. Such apps are: Omegle, Tumblr, Meow Chat, Monkey, Chat Roulette and Yubo – further information for professionals and parents is available via [Internet Matters](#)

Basildon Foodbank Address: Basildon Salvation Army, Fauners (off Cherrydown West), Basildon SS16 5AP Website: www.salvationarmy.org.uk/basildon

Wednesdays @ 9:30am Tea and toast, food bank, showers and laundry for people experiencing homelessness.

Young Carers – are for children and young people under 18 years old who provide regular and ongoing care to another person who is physically or mentally ill, disabled or misuses substances. Essex Youth Service offer free personalised support to young carers and their families. **Families can self-refer or a referral can be made by a professional. If you need further information please contact Mrs. Cory the Young Carer's School Operational Lead.**

Emotional Wellbeing and Mental Health

The [Emotional Wellbeing and Mental Health Service \(EWMHS\)](#) is a free service providing both preventative resources and targeted, specialist emotional wellbeing and mental health support for young people aged between 0-18, living in Southend, Essex or Thurrock. EWMHS is also available to anybody with Special Educational Needs (SEN) up to the age of 25.

Raise concerns with EWMHS

Professionals, parents/carers and young people can raise concerns with the [Single Point of Access team](#). Telephone: 0300 300 1600 (9am to 5pm). Out of hours (urgent support) - outside normal working hours telephone: 0300 555 1201