



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Introduction to PE : Unit 1	Fundamentals : Unit 1	Fundamentals : Unit 1	Ball Skills : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 2	Games : Unit 1
Year 1	Yoga Fundamentals	Gymnastics Ball Skills	Dance	Fitness	Invasion Games Target Games	Athletics Striking and Fielding Games
Year 2	Yoga Ball Skills	Fundamentals Fitness	Dance	Gymnastics	Sending and Receiving Striking and Fielding Games	Athletics Invasion Games
Year 3	Fundamentals Y3/4 Ball Skills Y3/4	Gymnastics Dodgeball	Dance Hockey	Fitness Netball	Athletics Rounders	Tennis Cricket
Year 4	Athletics Ball Skills Y3/4	Fundamentals Y3/4 Fitness	Gymnastics Dodgeball	Rugby Dance	Rounders Hockey	Cricket OAA
Year 5	Swimming Athletics	Swimming Badminton Y5/6	Swimming Dance	Swimming Gymnastics	Football Yoga	OAA Rounders
Year 6	Athletics Hockey	Fitness Gymnastics	Football Dance	Netball OAA	Swimming Cricket	Swimming Rounders